

October

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
October 2	3	4	5	6
Breakfast: Granola Bar, Nutrigrain bar, applesauce	Breakfast: Bagels, peaches	Breakfast: Breakfast sandwich, pears	Breakfast: Omelets, pineapple	Breakfast: Sliders, mandarin oranges
Lunch: BBQ rib patty, bun, mashed potatoes, green beans, applesauce	Lunch: Taco in a bag, refried beans, peaches	Lunch: Chicken patty, bun, smiley fries, baked beans, pears	Grilled cheese, tomato or chicken noodle soup, pineapple	Lunch: Shrimp poppers, rice, glazed carrots, mandarin oranges
9	10	11	12	13
Breakfast: French toast sticks, applesauce	Breakfast: Frittatas, peaches	Breakfast: Pancakes, pears	Breakfast: Yogurt or parfait, mixed berries	Breakfast: Donuts, mandarin oranges
Lunch: Chicken strips, fries, green beans, applesauce	Lunch: Burritos, crisritos, rice, refried beans, peaches	Lunch: Chicken pot pie over a biscuit, peas, pears	Lunch: Meatballs w/gravy, mashed potatoes, corn, pineapple	Lunch: Sub sandwich, chips, roasted veggies, mandarin oranges
16	17	18	19	20
Breakfast: Waffles, pineapple	Breakfast: Bagels, peaches	Breakfast: Scones, pears	NO SCHOOL	NO SCHOOL
Lunch: Stir fry, rice, sauteed veggies, egg rolls, pineapple	Lunch: Sloppy Joe, bun, cheesy potatoes, peaches	Lunch: Shipwreck, pears	NO SCHOOL	NO SCHOOL
23	24	25	26	27
Breakfast: Breakfast bites, applesauce	Breakfast: Homemade muffins, peaches	Breakfast: Scrambled eggs, bacon, pears	Breakfast: Omelets, pineapple	Breakfast: Caramel rolls, cinnamon rolls, mandarin
Lunch: Corndogs, cheesy potatoes, green beans, applesauce	Lunch: Chicken alfredo, breadsticks, broccoli, peaches	Lunch: Burgers, bun, fries, baked beans, pears	Lunch: Homemade pizza, pineapple	Lunch: Soup & Sandwich-Knoephla or chicken enchilada soup, mandarin
30	Happy Halloween!	31		
Breakfast: Breakfast burritos, applesauce	Breakfast: French toast sticks, peaches			
Lunch: Quesadillas with fixins, rice, refried beans, applesauce	Lunch: Spooky spaghetti, vampire proof garlic bread, rotten corn, putrid peaches			
Breakfast includes milk and juice		Lunch includes fruit & veggie bar and milk		